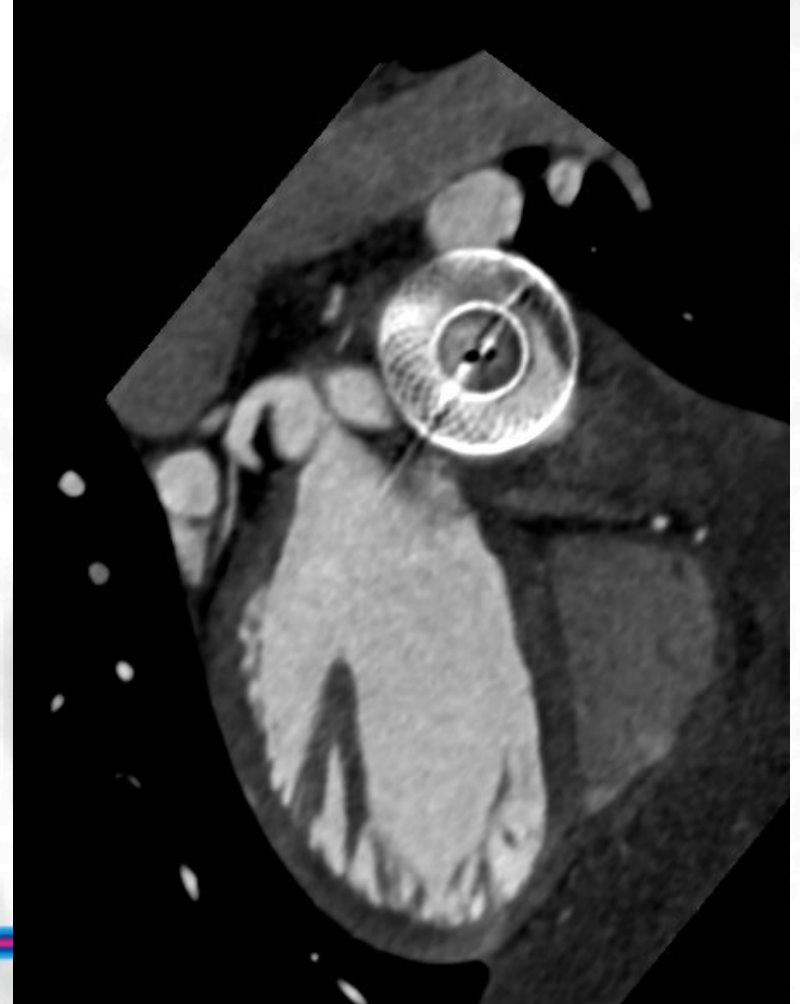
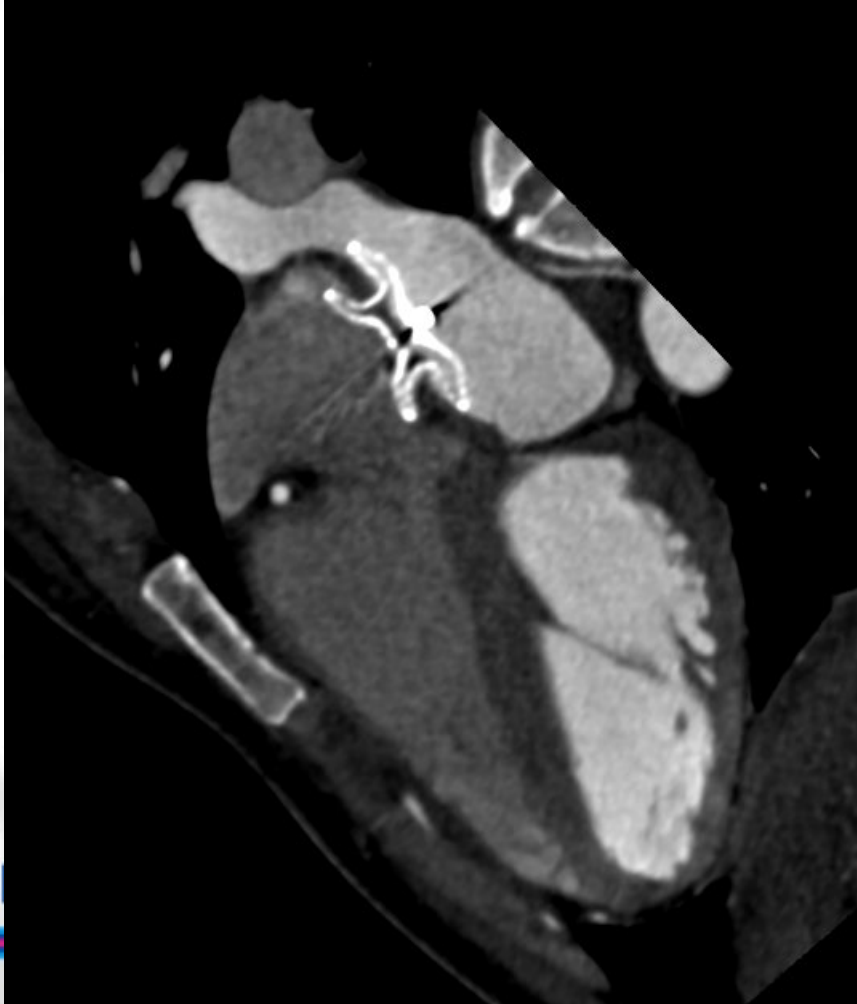
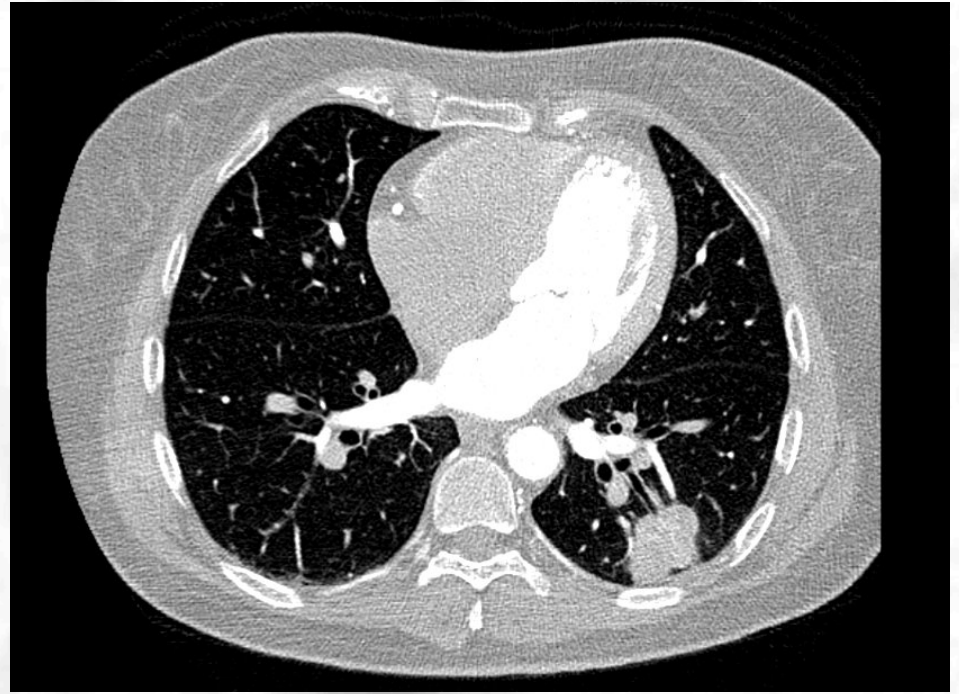


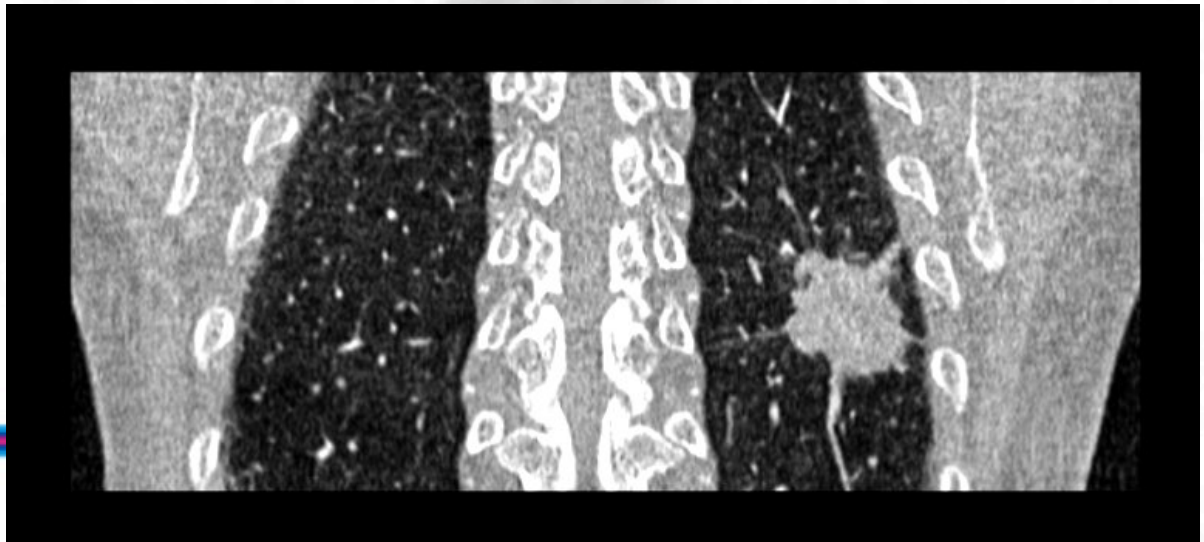
# Septal Occluder



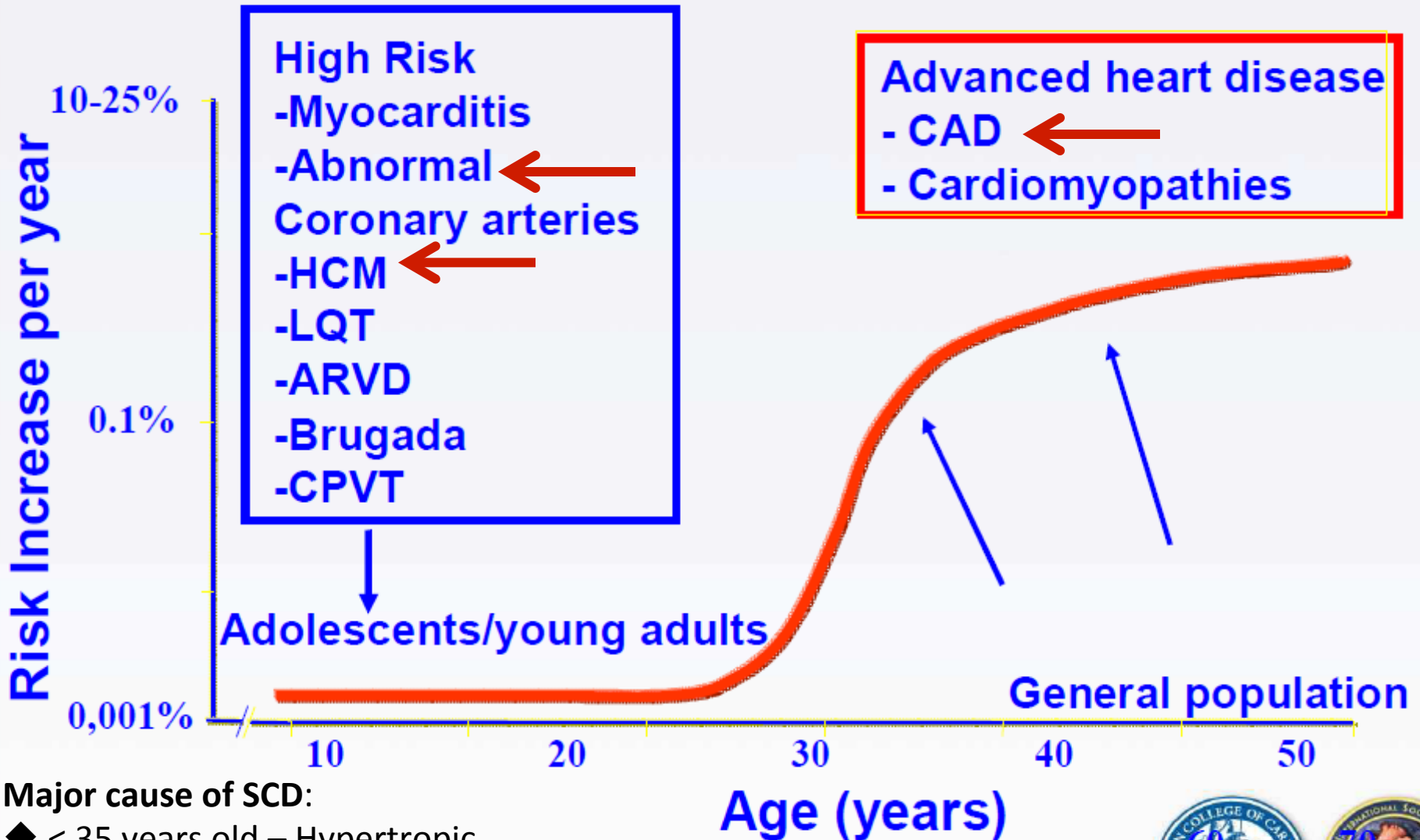
# Lung Cancer



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# Exercise related Sudden Cardiac Death



Major cause of SCD:

- ◆ < 35 years old – Hypertrophic cardiomyopathy (HCM)
- ◆ > 35 years old – coronary artery diseases





## Pre-Participation Cardiovascular Evaluation

**Step 1: General Medical history and Physical Examination**

**Step 2: For older participants (>35 yrs), focus on coronary risk assessment.**

**Step 3: Resting ECG: identify the high risk pattern (group two, according to the ESC ECG interpretation criteria)**

**Step 4: Subjects are considered at relative low risk to participate in high intensity competitive sports if the above check lists are negative. Positive (abnormal) findings detected in either Steps 1, 2 or 3 warrant further investigations and referral to specialist**

**< 35 yrs: Echocardiogram** should be considered.

**> 35 yrs: treadmill stress test or CCTA**





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# 2012 Para-Olympic CV screening



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# 渣馬專家組提供備戰貼士

香港文匯報訊（記者 潘志南）為防止去年參加渣打馬拉松賽有跑手猝死事件再發生，賽會邀請了10多位不同專業的醫生、教練及具豐富經驗的香港頂尖跑手組成「馬拉松備戰專家」組，與參賽者分享備戰心得及提供訓練貼士。

絕不宜強行參加賽事。昨天出席的專家中，包括心臟科專科醫生兼香港運動醫學及科學學會會長麥耀光醫生，他向有意參賽的跑手提示出以下8點，是高風險情況下不宜參賽。

估：

2)曾在無原故起呼吸困難或難診心臟有雜

音有親

死亡或

6)曾患

動脈壓

高血壓

心病高

的男士

訓練

香港理

制教授

上，他

賽或有

本每



<http://www.facebook.com/hkmarathon#>

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# Low Radiation DSCT Scan for Evaluation of atherosclerosis > 35 years old



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